# Anthelmintic resistance in ovine gastrointestinal nematodes in inland southern Queensland

M Lyndal-Murphy, WK Ehrlich and DG Mayer\*

**Objective** To establish the prevalence of anthelmintic resistance in ovine gastrointestinal nematodes in southern Queensland.

**Design** An observational parasitological study using the faecal egg count reduction test.

**Methods** Sheep farms (n = 20) enrolled in this study met the twin criteria of using worm testing for drench decisions and having concerns about anthelmintic efficacy. On each farm, 105 sheep were randomly allocated to one of six treatment groups or an untreated control group. Faecal samples were collected on day 0 and days 10–14 for worm egg counts and larval differentiation. Single- and multi-combination anthelmintics, persistent and non-persistent, oral liquid or capsule, pour-on and injectable formulations were tested. Monepantel was not tested. Farmers also responded to a questionnaire on drenching practices.

**Results** Haemonchus contortus was the predominant species. Efficacy <95% was recorded on 85% of farms for one or more anthelmintics and on 10% of farms for six anthelmintics. No resistance was identified on three farms. The 4-way combination product was efficacious (n = 4 farms). Napthalophos resistance was detected on one farm only. Resistance to levamisole (42% of farms), moxidectin injection (50% of farms) and the closantel/abamectin combination (67% of farms) was identified. Moxidectin oral was efficacious against *Trichostrongylus colubriformis*, which was predominant on only one farm. Of the farms tested, 55% ran meat breeds, 60% dosed more than the recommended dose rate and 70% always, mostly or when possible practised a 'drench and move' strategy.

**Conclusion** This level of anthelmintic resistance in southern Queensland will severely compromise worm control and force increased use of monepantel.

**Keywords** anthelmintic resistance; faecal egg count reduction test; *Haemonchus contortus*; nematode control; sheep

**Abbreviations** ABA, abamectin (non-persistent ML); AR, anthelmintic resistance; BZ, benzimidazole; CLOS, salicylanilides and substituted nitrophenols (persistent closantel); epg, eggs per gram; FECRT, faecal egg count reduction test; IVER, ivermectin (nonpersistent ML); LD, larval differentiation; LEV, levamisole; ML, macrocyclic lactones (abamectin, ivermectin, moxidectin); MPL, monepantel (amino-acetonitrile derivative); MOX, moxidectin (persistent ML); NAP, naphthalophos

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\*Corresponding author.

Department of Agriculture, Fisheries and Forestry, Eco-Sciences Precinct, Dutton Park, Brisbane, Queensland 4102, Australia; David.Mayer@qld.gov.au

Another the productivity and viability of sheep enterprises in the inland subtropical summer rainfall region of southern Queensland, Australia. AR compromises the efficient regional control of endemic disease caused by gastrointestinal nematodes, predominantly *Haemonchus contortus*. Deaths of between 10% and 50% of weaner stock can occur from approximately 10 days after a significant rainfall event in summer and even during the cooler months of the year.<sup>1</sup> *Trichostrongylus colubriformis* is also endemic in this region, but rarely the cause of clinical disease. It ranks in importance after *H. contortus* and the highly pathogenic, although of very low incidence, *Oesophagostomum columbianum*.

Although contrary to the best-practice recommendations of promulgated regional programs,<sup>2</sup> applications of persistent anthelmintic treatments are central to worm control in this region. Typically, farmers treat when signs of infection become clearly visible in the mob. Failure of an anthelmintic at this crucial stage of the disease, especially in high-risk seasons, results in a per-head morbidity cost of A\$5.93<sup>3</sup> and a mortality cost equal to the current year's production plus the capital cost of replacing lost stock. Treatment of the whole mob is practised particularly for aged wethers, and ewes at weaning, often when there are only low numbers of gastrointestinal nematodes in refugia (populations of worms either in the host or on pasture that escape selection by the current drug treatment).<sup>4</sup>

In Queensland, the levels of AR have increased over time,  $^{5-7}$  as has the incidence at the national level.  $^{8-10}$ 

In favourable (good) seasons, farms need to maximise productivity to offset the poorer returns of dry seasons. The very wet conditions in 2010 resulted in severe, uncontrolled infections and numerous farmer reports of drench failure at a time when the value of sheep and lambs was historically high, compounding the economic loss. The aim of this study, initiated in 2011, was to identify the levels of AR across southern Queensland on farms reporting perceived treatment failure.

# Materials and methods

# The study

We enrolled 20 farms across southern Queensland, in a line from Charleville (-26.405) east to Roma (-26.574) and Stanthorpe (-28.620) and south to the border districts (-29.042) of northern New South Wales for AR testing from November 2011 to May 2012 and January–February 2013. Farms were distributed across two rainfall zones: the 650–750 mm rainfall zone (Region 1) and the 350–650 mm zone (Region 2).

Testing targeted those farms that sourced the worm testing services of the Queensland Department of Agriculture Fisheries and Forestry and



reported perceived treatment failure. Farms were invited to participate when their mob-average monitor worm test results were at least 400 eggs per gram (epg). A short questionnaire was used to gather information about on-farm drenching practices at the first farm visit.

This research was approved by the EcoSciences Precinct Animal Ethics Committee, approval number SA2012/02/376, 'Drench Resistance Survey'.

# Detection of AR in vivo

The faecal egg count reduction test (FECRT) was used to determine AR.<sup>11,12</sup> Pre-drench (day 0) and post-drench (days 10–14) faecal egg counts (FEC) and larval differentiation (LD) to genera were used in the calculation of AR. On each farm, groups of 15 sheep were randomised to treatment groups (n = 6) and a corresponding untreated control group. Allocation of sheep into groups was facilitated by uniquely numbered and coloured ear tags applied on day 0. The number of anthelmintics tested on each farm ranged from 4 to 8, with a median of 6. Sheep were 6–36 months old at testing; 55% of the flocks were meat breeds (44% in Region 1, 64% in Region 2). Stocking rates averaged 2.0 and 0.2 sheep/ha in Regions 1 and 2, respectively.

# Anthelmintics tested

The tested anthelminitics are listed in Table 1. Single- and multi-active combinations of narrow-, mid- and broad-spectrum anthelminitic actives were tested as oral liquid, oral bolus capsule, injectable and

pour-on formulations of short-, mid- or long-acting persistency. A group of 15 sheep were shorn on day 0 as part of the testing procedure for the off-shears pour-on product. All anthelmintics were dosed at the manufacturer's recommended dose rate. Choice of anthelmintic to be tested on each farm was determined by farm history of usage and farmer's request to test a particular product. Monepantel (MPL) was not tested.

# Parasitology

In the laboratory, 15 samples from each treatment group were subdivided into three groups of five each,<sup>13,14</sup> with each subgroup analysed by the modified McMaster technique. Eggs were enumerated at ×40 magnification with 1 egg equivalent to 40 epg of faeces. Bulk larval cultures were set up for each treatment group and incubated for 7 days at 27°C. Differentiations of at least 100 infective larvae (L3) were carried out for each bulk culture.<sup>15</sup>

# Determination of AR

Pre- and post-drench differentiated FECs of the treated and untreated groups of sheep were used in the calculation of AR and also to control for continuous larval development during the test evaluation period.<sup>16</sup> Statistical analysis was carried out using GenStat Release 14 software package (VSN International Ltd., Oxford, 2013), with data analysis facilitated in an Excel spreadsheet. The reduction in FEC for each anthelmintic was calculated using the following formula:

Table 1. Anthelmintics tested in shee	n in southern	Queensland, Australia
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Туре	Length of action	Active ingredient	Dose rate/body weight	Administration	Product
Single	Short	BZ	1 mL/5 kg	Oral	Alben <sup>®a</sup>
Single	Short	LEV	1 mL/10 kg	Oral	Nilverm <sup>®</sup> LV <sup>♭</sup>
Single	Short	NAP	3 mL/10 kg	Oral	Rametin <sup>®c</sup>
Single	Short	CLOS	1 mL/5 kg	Oral	Closicare <sup>®a</sup>
Single	Short	IVER	2.5 mL/10 kg	Oral	Paramax <sup>®b</sup>
Single	Short	ABA	10 mL/10 kg	Pour-on	Maverick <sup>®b</sup>
Single	Long	MOX	1 mL/5 kg	Oral	Cydectin <sup>®a</sup>
Single	Long	MOX	1 mL/20 kg	Injection	Cydectin <sup>®</sup> LA injection
2-way	Short	BZ+LEV	1 mL/5 kg	Oral	Duocare®a
3-way	Short	BZ+LEV+ABA	1 mL/5 kg	Oral	Triguard <sup>®d</sup> Hat-Trick <sup>®d</sup>
4-way	Short	BZ+LEV+ABA+CLOS	1 mL/5 kg	Oral	Q-drench <sup>®e</sup>
2-way	Long	CLOS+ABA	1 mL/5 kg	Oral	Avomec <sup>®</sup> Duel <sup>d</sup>
Single	Long	BZ	1/40–80 kg	Capsule	Extender <sup>®d</sup>
2-way ±primer drench	Long	IVER	1/40–80 kg	Capsule	Ivomec <sup>®</sup> Maximizer <sup>d</sup>
	Long	BZ+ABA	1/40–80 kg	Capsule	Dynamax <sup>®d</sup>
NAP mixes	Short	NAP+BZ or NAP+LEV or NAP+BZ+LEV	Manufacturer's instructions <sup>f</sup>	Oral	Rametin <sup>®c</sup>

Primer: drench dosed concurrently with a persistent anthelmintic.

ABA, abamectin; BZ, benzimidazole; CLOS, closantel; IVER, ivermectin; LA, long-acting; LEV, levamisole; LV, low volume; MOX, moxidectin; NAP, naphthalophos

<sup>a</sup>Virbac, Milperra, NSW, Australia; <sup>b</sup>Coopers Animal Health, North Ryde, NSW, Australia; <sup>c</sup>Bayer, Pymble, NSW, Australia; <sup>d</sup>Merial, North Ryde, NSW, Australia; <sup>e</sup>Jurox, Rutherford, NSW, Australia; <sup>f</sup>Rametin sheep drench can be mixed on-farm with a BZ active. Mixing instructions come with the product and are available on the internet: see Bayer products at www.farmadvisor.com.au



# %reduction = 100[1-(mt2\*mc1)/(mc2\*mt1)]

where mc1= mean epg control group pre-drench, mc2 =mean epg control group post-drench, mt1= mean epg treatment group predrench and mt2 =mean epg treatment group post-drench.

Resistance to an anthelmintic was inferred if the reduction in the arithmetic mean from the genera-corrected treatment group was <95% at 10–14 days after treatment and the lower 95% confidence limit was less than the 90% reduction level when compared with the control group. For the binary data (resistant or not, at the farm level), the confidence limits were estimated on the logit scale and then back-transformed onto the percentage scale,<sup>17</sup> except for the 0 and 100% responses where the conservative (maximum possible) standard error was estimated using the theoretical variance assuming one positive value and adopted.

General results

Testing was successfully completed on 20 farms. LD confirmed the predominance of *H. contortus* on 19 farms and *T. colubriformis* on only 1 farm (farm code 4).

Results

 Table 2. Proportion of sheep farms in southern Queensland, Australia,

 with resistance in Haemonchus contortus to anthelmintics tested

Anthelmintic	No. farms positive*	Total no. farms tested	Overall prevalence (%)	95% Cl
BZ	2	4	50	9–91
LEV	8	19	42	20–67
NAP	1	16	6	1–41
NAP+BZ or +LEV or BZ+LEV	0	3	0	0–62
BZ+LEV	4	9	44	15–78
BZ+LEV+ABA	4	10	40	13–74
BZ+LEV+ABA+CLOS	0	4	0	0–49
CLOS	3	5	60	16–92
CLOS+ABA	12	18	67	39–86
MOX Oral	6	6	100	66-100
MOX LA injection	8	16	50	24–76

\*Anthelmintic resistance identified.

ABA, abamectin; BZ, benzimidazole; CI, confidence interval; CLOS, closantel; LA, long-acting; LEV, levamisole; MOX, moxidectin; NAP, naphthalophos

Table 3. Undifferentiated group mean faecal egg counts (FEC) and efficacy of levamisole (LEV) and naphthalophos (NAP) anthelmintics against Haemonchus contortus on sheep farms in southern Queensland, Australia

Farm code	LEV oral			NAP oral			
	FEC (epg)		Efficacy (%) (Cl)	FEC (epg)		Efficacy (%) (Cl)	
	Day 0	Days 10–14		Day 0	Days 10–14		
1	2867	596	88 (80–93)	1735	66	98 (87–99.8)	
2	2893	53	99.3 (95–99.9)	4133	0	100	
3	1947	347	92 (84–96)	_	_	_	
4	947	1467	98 (82–99.7)	_	_	_	
5	5960	1,187	84 (71–91)	2173	53	98 (91–99.5)	
6	3243	40	97 (89–99.3)	4423	70	96 (71–99.4)	
7	640	80	99.8 (93–99.9)	707	27	99.8 (91–100)	
8	2133	240	91 (81–96)	3333	133	97 (89–99)	
9	893	97	94 (80–98)	_	_	_	
10	2173	57	95 (32–99.6)	1507	0	100	
11	_	_	_	757	0	100	
12	9573	1173	54 (0-85)	6507	53	99.8 (99.5–99.9)	
13	307	0	100	600	0	100	
14	1400	437	67 (0–95)	3013	53	99.6 (92–99.98)	
15	920	493	45 (0-87)	1267	120	90 (50–98)	
16	1213	0	100	467	0	100	
17	2213	27	98 (82–99.2)	_	-	-	
18	663	13	98 (90–99.6)	693	0	100	
19	2353	17	99.8 (96–99.9)	1733	27	99.7 (98–99.9)	
20	6480	153	98 (89–99.5)	3947	0	100	

-, not tested. Farms 1–9 located in Region 1 with 650–750 mm average annual rainfall. Farms 10–20 located in Region 2 with 350–650 mm average annual rainfall.

Cl, confidence interval; epg, eggs per gram.

# **PRODUCTION ANIMALS**

# The study

Nine farms (farm codes 1–9) were located in Region 1 and 11 (farm codes 10–20) in Region 2. On two farms, some of the control group sheep presented with high FECs (e.g. 18,480 epg; farm code 18) and lethargy. Control groups were therefore salvaged-drenched and with-drawn from the test on animal welfare grounds before post-drench samples could be collected. For these farms, the day 0 control FEC and LD were substituted for the days 10–14 control FEC and LD in the resistance calculations. Formulations tested were oral (20 farms), injectable (16 farms), bolus capsule (5 farms) and pour-on (1 farm).

# Anthelmintic resistance

For the proportions of properties showing AR, there was no significant effect of region (P = 0.30) and no region by treatment interaction (P = 0.88), indicating that the treatments were of equal efficacy in both regions. For *H. contortus*, 17 of the 20 farms presented with resistance to one or more anthelmintics. Resistance was seen to one (2 farms), two (5 farms), three (3 farms), four (3 farms), five (2 farms) and six (on 2 farms) anthelmintics; 3 farms showed no resistance to any of the anthelmintics tested.

As shown in Table 2, the 4-way active formulation (benzimidazole (BZ), levamisole (LEV), abamectin (ABA) and closantel (CLOS)) was efficacious against *H. contortus* populations on all 4 farms tested. Naphthalophos (NAP) was effective against *H. contortus* populations on 15 of 16 farms and NAP combinations with non-macrocyclic lactone (ML) anthelmintics were effective on the 3 farms tested. A high prevalence of AR in *H. contortus* populations was identified for all other drugs.

Of the 8 farms that carried populations resistant to LEV, 5 were in Region 1, and 3 in Region 2 (Table 3). The *H. contortus* populations on 3 of 5 farms tested were resistant to CLOS (37.5 g/L) and on 12 of 18 farms resistant to the combination of CLOS (50 g/L) + ABA (Table 4).

For the ML anthelmintics (Table 4), *H. contortus* populations were resistant to moxidectin (MOX) oral on all 6 farms tested and 8 of 16 farms carried *H. contortus* that was resistant to MOX LA. A pyraclophos primer dosed concurrently with the MOX LA injection was tested on farm code 16, which had a perceived history of MOX oral resistance, showing 100% effectiveness (Table 4).

Table 4. Undifferentiated group mean faecal egg counts (FEC) and efficacy of closantel–abamectin (CLOS + ABA) combination and moxidectin (MOX) long-acting (LA) anthelmintics against *Haemonchus contortus* on sheep farms in southern Queensland, Australia

Farm code	CLOS + ABA oral			MOX LA injection			
	FEC (epg)		Efficacy (%) (Cl)	FEC (epg)		Efficacy (%) (Cl)	
	Day 0	Days 10–14		Day 0	Days 10–14		
1	2017	40	98 (71–99.9)	1967	777	70 (56–79)	
2	1186	1333	42 (0–70)	3533	906	86 (78–92)	
3	747	187	90 (52–98)	1453	107	96 (91–99.3)	
4	427	280	0	_	_	_	
5	4520	53	99 (70–99.97)	_	_	_	
6	3987	533	74 (59–83)	3350	733	45 (23–61)	
7	200	213	66 (0–98)	1027	27	99 (89–99.9)	
8	_	_	-	2373	40	99 (96–99.6)	
9	1147	173	84 (51–95)	_	_	_	
10	960	40	91 (58–98)	1160	420	27 (0–94)	
11	_	_	-	_	_	_	
12	5067	80	93 (52–99)	6634	187	88 (50–97)	
13	2053	0	100	557	0	100	
14	3200	182	93 (72–98)	733	43	92 (54–99)	
15	1080	66	94 (65–99)	1346	506	61 (16–82)	
16	293	0	100	720	0	*100	
17	1867	0	100	2853	13	99.4 (92–99.9)	
18	1867	187	88 (79–93)	3467	13	99.6 (85–99.9)	
19	3880	0	100	2240	67	98 (85–99.7)	
20	4733	1090	76 (46–90)	7493	2400	73 (0–98)	

\*Pyraclophos primer drench dosed concurrently with the MOX LA injection.

-, not tested. Farms 1–9 located in Region 1 with 650–750 mm average annual rainfall. Farms 10–20 located in Region 2 with 350–650 mm average annual rainfall.

Cl, confidence interval; epg, eggs per gram.

Single- (BZ and IVER) and multi- (BZ + ABA) active adult boluses, with or without a primer drench, were tested on 5 farms. Only the BZ bolus with a LEV primer drench was effective (farm code 2) (data not shown).

The incidence of *T. colubriformis* populations across farms and treatment groups was variable and results are indicative only for 3 of the 4 farms, as the resistant populations were less than 25%.<sup>18</sup>

# Drenching practices

All farms used laboratory testing services to determine when to treat and 85% reported also drenching sheep on visual indicators of worms. The number of anthelmintics given to weaners over the past 12 months was, on average, 4.6 (range 1–12) in Region 1 and 1.7 (1–3) in Region 2; 75% of farms were drenching more frequently (56% in Region 1; 90% in Region 2) than 5 years ago; 85% had previously changed anthelmintics because of a perceived resistance problem, and 70% of farms believed that resistance is still a problem. A total of 85% of farms dosed anthelmintics to the weight of the heaviest animal in the mob rather than to the average weight and 60% (44% in Region 1; 73% in Region 2) dosed higher than the manufacturer's recommended dose rate to better control worms when AR was present. After drenching, 70% of farms always or usually moved sheep to pastures that had been spelled, grazed with cattle or cropped.

# Discussion

The FECRT identified widespread AR in gastrointestinal nematodes (predominantly *H. contortus*) across the target region, with resistance to LEV, CLOS and MOX, either alone or in combination. The non-persistent formulated 4-way combination of BZ, LEV, ABA and CLOS was highly efficacious. NAP was efficacious on all but one farm and MOX was effective against *T. colubriformis* infections identified on some farms.

These results are broadly similar to previous reports for *H. contortus* endemic regions. Nielson<sup>19</sup> reported resistance in *H. contortus* to MOX (74% of farms), CLOS (77% of farms) and LEV (57% of farms), and NAP resistance was considered to be 'rare' in the northern higher rainfall region (New England) of New South Wales. Walker et al. reported moxidectin-resistant *H. contortus* on 50% of farms tested in drier regions of the central western New South Wales,<sup>20</sup> which approximately correspond to Regions 1 and 2, respectively, in this study. Baker et al. reported 83% efficacy of the formulated 4-way combination against *H. contortus*,<sup>21</sup> whereas it was 100% efficacious in this study, although the number of farms was small (n = 4). Efficacy for NAP was >95% on all but one farm and that negative result requires confirmation through retesting. The only previously reported case of NAP resistance in *H. contortus* of sheep was on an agricultural college in south-east Queensland in 1981.<sup>5</sup>

The high levels of ML resistance reported in this study, although not unexpected, were confronting, especially on the extensively-managed farms in Region 2. Typically, these farms drench once or twice each year, and less in dry seasons. Persistent anthelmintics are preferred because mobs are not readily mustered and both the onset and amounts of general rainfall are extremely variable.<sup>1</sup> MOX, increasingly the more potent long-acting injectable formulation, and the ABA– CLOS (50 g/L) combination are frequently dosed to ewes at the prelambing drench and to other classes of stock during summer when storms can isolate sheep on elevated ground for weeks to months at a time with resultant high stock losses.<sup>1</sup> Although there will always be a lag phase between best-practice drug usage and industry adoption, it is unfortunate that MOX has rarely been used 'in combination' to delay the development of AR.<sup>22,23</sup> The appearance of ML resistance in *H. contortus* is related, in part, to its inheritance of resistance as a dominant trait<sup>24</sup> and to excessive frequency of treatment.<sup>9</sup>

In both regions, LEV has been used without reports of overt treatment failure for more than 30 years in areas where rainfall is often low and temperatures are often  $\geq$ 35°C, leaving few larvae on pasture. In this environment, LEV is considered by industry to be an inexpensive alternative to the formulated 2-, 3- and 4-active combination drugs. It may be that LEV dosed in low-refugia seasons is an appropriate choice. Juvenile larvae (IA) in the host are refractory to this anthelmintic and escape selection for resistance.<sup>18</sup> In addition, inheritance of resistance to LEV in *H. contortus* is an autosomal recessive trait that responds slowly to drug selection.<sup>24,25</sup> In contrast, when LEV is used in combination during low-refugia seasons the overwhelming risk is resistance to each of the individual actives. Tellingly, in this study LEV-resistant *H. contortus* are now common across the region.

Frequency of treatment, under-dosing and incorrect drenching technique<sup>26</sup> have often been regarded as causes of AR. Increasing the dose rate, as practiced by many farms in this study, is a recognised method of increasing efficacy<sup>27</sup> and has been successfully used to produce greater efficacy of the CLOS (50 g/L)–ABA combination, subsequent to failure of the lower dose rate (37.5 g/L). Of greater concern in this region is the adoption, in response to treatment failures, of the 'drench and move' strategy where sheep are moved to low-infectivity pastures or crops after drenching. Although this strategy reduces the re-infection rate and extends the period between required drug treatments, it is considered highly selective for AR.<sup>22</sup>

Gastrointestinal nematodes have the genetic potential to respond rapidly to drug selection and most commonly disseminate their resistant genes through host movement between farms.<sup>28</sup> Two stark examples were uncovered in this study. Two farms in Region 2 ran cattle enterprises up until 2–3 years ago when they both changed to meat breeds of sheep. These farms now present with severe resistance profiles, missing the opportunity to be AR-free. Both farms sought advice from industry on the most appropriate anthelmintic for the quarantine treatment. Of further concern is that the farmers in this study were unaware of the WormBoss<sup>2</sup> recommendations for bestpractice quarantine drenching,<sup>29</sup> including the use of MPL and of the recommendations for MPL use in this region.<sup>25</sup>

Treatment failure is usually the catalyst for farmers to source specialist services and the farmers in this study were no exception. Although they embraced worm testing, they displayed disinterest in initiating the AR testing, a sentiment also identified nationally.<sup>30</sup> FECRT is cumbersome, labour-intensive and expensive, both on-farm and in the laboratory. There is inherent variation in the repeatability of the test<sup>31</sup> exacerbated by insensitive methods used for performing FECs<sup>32</sup> and results in only a reasonable assessment of true resistance.<sup>33</sup> The farmers in this study preferred to rely on a post-drench worm test as a guide to anthelmintic

efficacy and efficiency of treatment application. These farmers consider the post-drench worm test inexpensive, easy to use, produces results that are easily understood and fits well with farm managment.<sup>34</sup>

### Conclusion

This study's results clearly demonstrate the serious nature of AR on sheep farms across southern Queensland and the border districts. Increasingly, severe resistance on most farms will force greater use of the highly effective anthelmintic, MPL. The urgent need is to communicate to farmers the best-practice management of this anthelmintic to prolong its useful life and that of still currently effective anthelmintics.

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